



PROGRESS PULSE
CONSULTING

Evaluation report

Project	South Asian Physical Health and Mental Wellbeing Hubs – Year 2
Prepared for	Yuvanis Foundation
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Foreword

This report marks the completion of the second year of the South Asian Physical Health and Mental Wellbeing Hubs, funded by The National Lottery Reaching Communities. It is an honest account of what was delivered, what was learned, and what the numbers behind the data represent in human terms.

Year 2 has been a year of consolidation and momentum. The three hubs (Women's, Youth and Men's) have continued to grow in reach and depth, while the organisation itself has taken significant steps forward: securing major funding for a dedicated youth centre, influencing a £20 million government investment in Chadderton, and establishing new alliances that extend Yuvan's voice from Oldham to the national stage.

What this report also captures is something harder to quantify: the moment when a project stops being something an organisation does, and starts being something a community owns. From Mr Khan coming through the doors on a Monday evening for football, to Abraham showing younger members around what will become their own youth centre, the stories in this report are evidence of that shift.

Yuvan is grateful to The National Lottery Community Fund for the investment that makes this possible, and to every volunteer, partner, and community member who continues to shape this work.

Executive Summary

1,966

via booking platform
Total Beneficiaries

532

first-time this year
New Participants

61

across all hubs
Activity Types

351

booking platform data
Sessions Delivered

1,081

55% of participants
Women

885

45% of participants
Men

0-71

years
Age Range

Yuvan Foundation has delivered another transformative year across its three wellbeing hubs in Oldham and Greater Manchester. The project continues to serve South Asian and BAME communities facing systemic health inequalities, social isolation and economic disadvantage, reaching 1,966 beneficiaries through its booking platform alone, with an estimated additional 80 people per month supported through its Digital Inclusion service, and approximately 200 families receiving direct financial support through its Cost-of-Living Crisis programme.

Beyond the headline numbers, Year 2 marks a watershed moment for the organisation. The groundwork laid through community consultation, youth programming, and strategic partnership has directly resulted in £208,000 of secured funding to establish a permanent youth centre, community café, and community garden, the most significant

capital investment in Yuvan's sixteen-year history. Simultaneously, CEO Zakir Ahmad's seat on the Pride in Place board has positioned Yuvan as a formal voice in shaping how a £20 million central government investment in Chadderton will serve young people.

Key Achievements

- 1,966 beneficiaries reached through the booking platform, a 37% increase on Year 1
- 61 activity types delivered across 351 recorded sessions, up from 47 activities in Year 1
- 55 of 61 activities co-designed with participants
- £208,000 secured from three funders to establish a dedicated Youth Centre, community café and garden
- Pride in Place board membership secured, influencing £20m government investment in Chadderton
- Community Connect: Men's Wellbeing project launched, funded by National Lottery Awards for All
- New SARA partnership in development to bring culturally sensitive domestic abuse counselling services to Oldham
- Local Authority Community Regeneration Award received
- Two new regional and national alliances established: Greater Manchester South Asian Youth Alliance and a Muslim Outdoors Alliance

Challenges and Adaptations

- Green Skills workshops saw low initial uptake due to unfamiliarity with the sector; the programme is being redesigned for Year 3 with an integrated delivery approach
- ICT & Digital Skills sessions showed variable attendance by topic; coding and graphic design proved popular with young people but less so with adults
- The Trailblazer approach to economic inclusion is still developing; Yuvan is actively seeking experienced co-delivery partners for Year 3

Looking Ahead

As this report details, Year 2 has laid extraordinary foundations. The opening of a dedicated youth centre within the next twelve months, the embedding of careers and leadership provision, and the deepening of community cohesion work across different communities in Chadderton together represent a clear trajectory. Year 3 will be the year in which the seeds planted throughout this project begin to bear permanent fruit.

About Yuvanis Foundation

Yuvanis Foundation is a King's Award-winning community organisation based in Oldham, Greater Manchester, established in 2009. For sixteen years, it has worked alongside residents from South Asian and wider BAME communities, providing culturally-grounded support that addresses the compounding disadvantages of health inequality, social isolation, and economic exclusion.

The organisation operates across Westwood, Coldhurst, Chadderton, Werneth, Shaw and the wider Oldham area, delivering programmes that span physical activity, mental health, arts and culture, employability, digital inclusion, and community development. A core principle underpins everything Yuvanis does: that the communities it serves are not simply beneficiaries, but co-designers, co-producers, and ultimately leaders of the work.

This ethos is lived visibly. Almost 75% of Yuvanis's activity leads are also participants of other programmes, people who came through the door seeking support and stayed to help others do the same. Three trustees are former beneficiaries. The organisation holds the Quality in Action Award, works in close partnership with Oldham Safeguarding (Family First Partnership) and Oldham Council, and its safeguarding policies are reviewed annually by Action Together.



Project Overview

Context and Need

Oldham remains one of the most deprived local authority areas in England. The neighbourhoods Yuvan is serves, including Coldhurst, Westwood, Werneth, and Chadderton, sit among the most deprived 10% of areas nationally by the Index of Multiple Deprivation, with residents facing limited access to quality health services, high rates of economic inactivity, and significant barriers to social participation. South Asian and BAME communities experience these challenges with additional layers of cultural and linguistic complexity that mainstream services rarely address.

The South Asian Physical Health and Mental Wellbeing Hubs were established to respond directly to these realities, not through generic provision, but through culturally-adapted programmes shaped by the community itself.

Project Objectives

	Objective	Description
1	Health & Wellbeing	Improve physical health through regular exercise; enhance mental wellbeing via peer support, workshops and counselling; reduce social isolation through community activities.
2	Skills & Development	Deliver employability skills training and career guidance; build confidence and life skills; foster leadership qualities among participants.
3	Community Impact	Strengthen intergenerational and cross-cultural connections; develop sustainable peer support networks; increase community cohesion across different communities.
4	Health & Wellbeing	Improve physical health through regular exercise; enhance mental wellbeing via peer support, workshops and counselling; reduce social isolation through community activities.

The Three Hubs

Women's Hub Holistic wellbeing, fitness, parenting support, financial resilience, creative arts, counselling and unpaid carer support.	Youth Hub Sports, cycling, arts, coding, mentoring, leadership development and careers exploration for young people.	Men's Hub Physical health through football, mental wellbeing through community connection, Books & Bites, and social gatherings.
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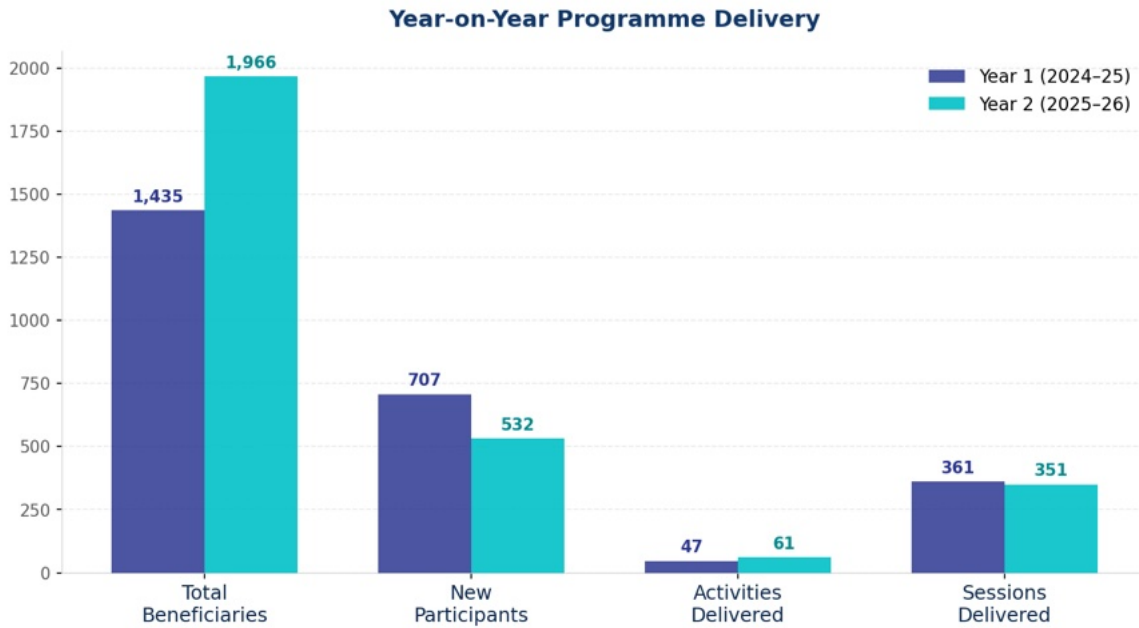
Theory of Change

Yuvan is's Theory of Change is built on a simple but powerful premise: that lasting change in health, wellbeing and personal development comes not from prescribing solutions, but from creating safe, trusted spaces where people from marginalised communities can connect, grow, and eventually lead. Activities are the entry point; relationships are the mechanism; community ownership is the goal.

The full Theory of Change is available at: yuvan.is.org/our-impact/our-theory-of-change

What Was Delivered

Year-on-Year Delivery Comparison



Year 2 saw a significant increase in beneficiary reach, up 37% from 1,435 to 1,966, alongside a 30% growth in the range of activities offered, from 47 to 61 distinct types. The modest reduction in total recorded sessions (from 361 to 351) reflects a deliberate shift toward higher-quality, longer-duration activities rather than volume alone. Notably, many activities outside the booking system, including Books & Bites (approximately 20 men per week) and the Digital Inclusion service (approximately 80 people per month), are not captured in these figures.

Activity Programme

The word cloud below illustrates the breadth of Year 2's activity offer, with word size reflecting session frequency:



The programme spanned four broad strands across all three hubs:

Physical Health & Sport

- Men's Weekly Football: 48 sessions, the programme's most consistent weekly anchor
- Girls' Boxercise and Boys' Boxing Camp: combined 80 sessions across two venues
- Female-Only Fitness Classes: 40 sessions, with participants such as Mrs. P losing over 3 stones
- Cycling, hiking, heritage walks, bowling and camping: outdoor activities extending reach beyond the centre
- 7–9 and 10–12 year old football groups: weekly sessions providing structured youth sport

Wellbeing & Community Connection

- Health & Wellbeing Workshops: regular sessions using the Warwick-Edinburgh Mental Wellbeing Scale
- Cozy Cuppa and Cozy Cuppa: Shaw & Crompton: weekly sessions of the women's weekly coffee and connection programme across two venues
- Books & Bites: weekly men's reading and social group (approx. 20 attendees weekly, not captured in booking data)
- Women's Free Counselling Service: 10 sessions; 1-2-1 professional counselling launched following high demand
- Community Connect: Men's Wellbeing: monthly Coffee and Carrom social gathering launched

Arts, Culture & Creativity

- Mother & Daughter series (Clay Modelling, Arts & Craft, Fruitful Moments, Pamper Night): an intergenerational bonding programme
- Girls' Art and Craft, Zine Art & Craft, Creative Workshop Oldham & Rochdale
- Teen Girls Book Club: 11 sessions; Girls' Henna Artistry: 10 sessions across two venues
- Cultural Pop-Up Spa and community celebration events including Eid breakfasts and Spring Clean & Iftar

Skills, Careers & Digital Inclusion

- Youth Leadership Programme: structured sessions covering ICT, careers, confidence and life skills
- Online Platforms & Job Searching, Secure Your Future Work: employability workshops
- Green Skills and Career Workshops: in partnership with Groundwork (piloting phase)
- Coding for Kids, Young People's ICT, ICT & Digital Skills: technology sessions across age groups

Beyond the Booking Platform: Additional Community Support

Digital Inclusion Service

Approximately 80 people per month supported through Yuvanis's free Digital Inclusion service, which offers:

- Free data SIM cards in partnership with Good Things Foundation
- Laptop and tablet loan scheme
- Online training and digital skills sessions

Cost-of-Living Crisis Support

Approximately 200 families supported directly through:

- Financial support for food and clothing
- Delivered through the Crisis Resilience Fund (formerly Household Support Fund)
- In partnership with Oldham Local Authority



Reach and Participation

Beneficiary Gender Split — Year 2



Of the 1,966 beneficiaries reached through the booking platform in Year 2, 1,081 were female (55%) and 885 were male (45%), a near-balanced split that reflects Yuvanís’s deliberate work to make all three hubs genuinely accessible. Participants ranged in age from 0 to 71, underscoring the intergenerational character of the programme.

532 participants attended a Yuvanís activity or event for the first time in Year 2, representing 27% of all those reached. Many of these new members arrived through word of mouth from existing participants, particularly among younger men, where personal recommendation continues to be the most effective route into the programme.

It is important to note that the figures above represent only those captured through the booking platform. The Books & Bites men’s group (approximately 20 attendees weekly), the Digital Inclusion service (approximately 80 people monthly), and the Cost-of-Living support programme (approximately 200 families) operate outside this system and are not reflected in the headline numbers. The true scale of Yuvanís’s reach in Year 2 is therefore considerably greater.



Voices from the Community

The following case studies were selected to illustrate the range and depth of impact across the three hubs. Together, they speak to something the data alone cannot fully capture: the cumulative effect of consistent presence, trusted relationships, and a programme that genuinely adapts to the people it serves.

Abraham Khan, Youth Hub

Abraham has been part of Yuvanis for over four years now, but Year 2 marked a new chapter. Having been inspired through the Youth Leadership Programme, particularly an insight day into car mechanics and engineering, Abraham enrolled at college to study mechanical engineering, trading an uncertain future for a clear direction.

At Yuvanis, he has become something more than a participant. Abraham now volunteers regularly, shadowing sessional staff across youth activities, bringing quiet confidence and genuine care to every session. What sets his journey apart is the ripple effect: he has actively encouraged friends and neighbours, the very demographic that is usually hardest to reach, to walk through the doors themselves. His peers follow him because they trust him.



“I love being here. I’m always treated like an adult, an equal, despite all volunteers and staff being much older than me. I really feel at home here. I’m looking forward to being part of the upcoming Youth Centre. I’ve told Zakir that I’d like to be considered as one of the staff there during my holidays and weekends.”

— Abraham Khan, age 16

Mrs. P, Women's Hub



Mrs. P came to Yuvanis’s Fitness Group with a mixture of hope and hesitation. Juggling small children, work, and ongoing health issues, fitness had slipped off the agenda years ago. The idea of joining a group felt daunting, until the combination of free classes, a convenient location, and Yuvanis’s welcoming reputation gave her the push she needed.

What she found was not what she expected. From her very first session, the group felt like a community rather than a class, women with shared experiences, an instructor who was warm and professional in equal measure, and an atmosphere where laughter was as much a feature of the sessions as the exercise itself. The change has been remarkable: in under a year, Mrs. P has lost over three stones

and progressed from struggling to complete a single session to attending twice weekly without a second thought.

But as she reflects, the physical transformation is only part of the story. She describes rediscovering something she had quietly let go of after marriage and motherhood: time that is purely, unapologetically hers.

“I now look forward to each session, as it feels like something I am doing purely for myself, something I had lost after marriage and having children, when the daily hustle and bustle of life took priority. I am truly grateful to Yuvanis for arranging these sessions.”

— Mrs. P, Women’s Hub participant

Mr. Khan, Men's Hub



Mr. Khan is an HGV driver: long shifts, late finishes, a life measured in miles. For years, raising his children left little room for anything else. Now that his son and daughter are grown and have moved on, the house that was once full of noise has grown very quiet.

Almost twelve months ago, he spotted a flyer for Yuvanis’s Legends’ Football session on a Monday evening, one of the few activities accessible after 7pm for someone finishing work late. He came to move more. What he found was a social circle he didn’t know he was missing.

Through the Community Connect: Men’s Wellbeing project (funded by the National Lottery Awards for All), Mr. Khan now joins the weekly football alongside the monthly Coffee and Carrom gathering and occasional Books and Bites sessions. The isolation that had crept up on him has lifted. He is more active, more connected, and always looking for ways to give something back to the community that welcomed him in.

What makes his story particularly resonant is the thread of family woven through it. His son was once a Yuvanis participant himself, cycling, football, boxing, co-designing the very youth centre sessions that ran across the past two years. His daughter volunteered with Yuvanis before getting married earlier this year. Mr. Khan arrived at Yuvanis late, but he arrived into something his family had already helped build.

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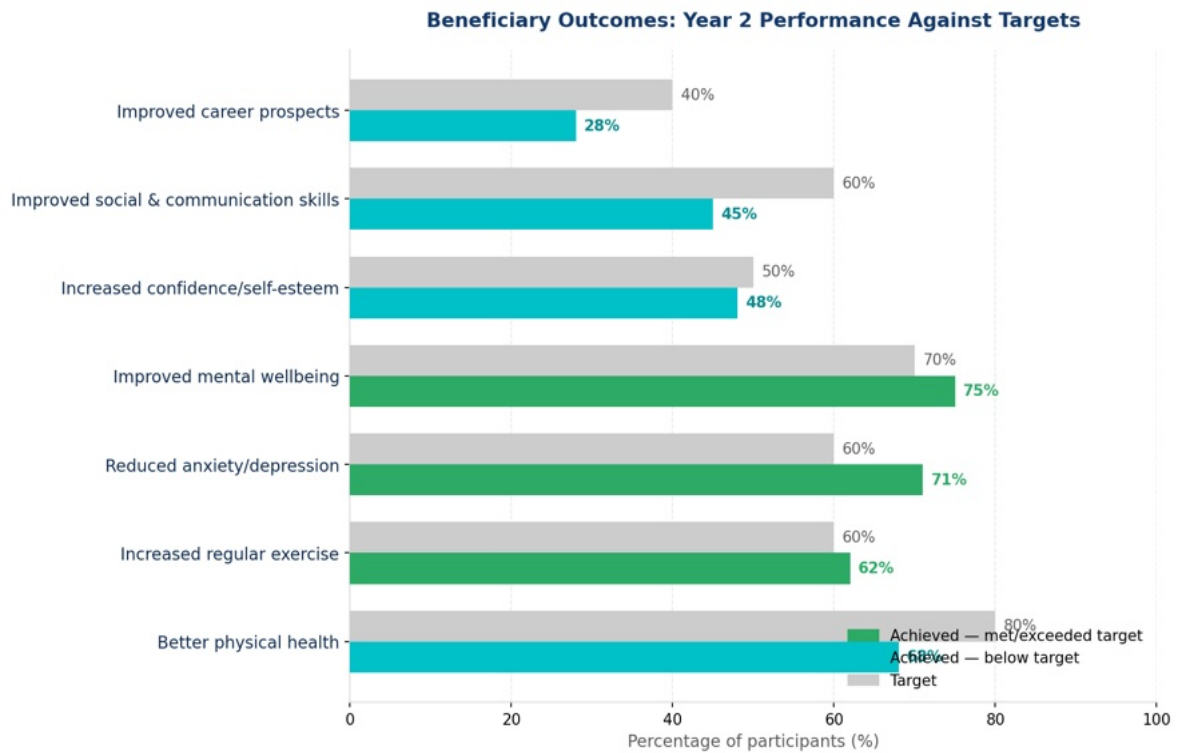
“My children used to attend Yuvanis’ activities all the time. Now that I’m involved, I’ve come to realise that they have something for everyone, no matter the age, interest, or ability. I can’t even kick a ball straight! But I look forward to football every Monday. We have a good laugh. No judgements, just enjoy.”

— Mr. Khan, Men’s Hub participant

Measuring Impact: Outcomes and Data

Yuvanis’s approach to evaluation combines standardised measurement tools, including the Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS), with baseline and exit surveys, feedback forms, focus groups, and 1-to-1 interviews. This mixed-methods framework allows the organisation to track quantitative progress against funder targets while capturing the qualitative depth of individual change.

Beneficiary Outcomes: Year 2



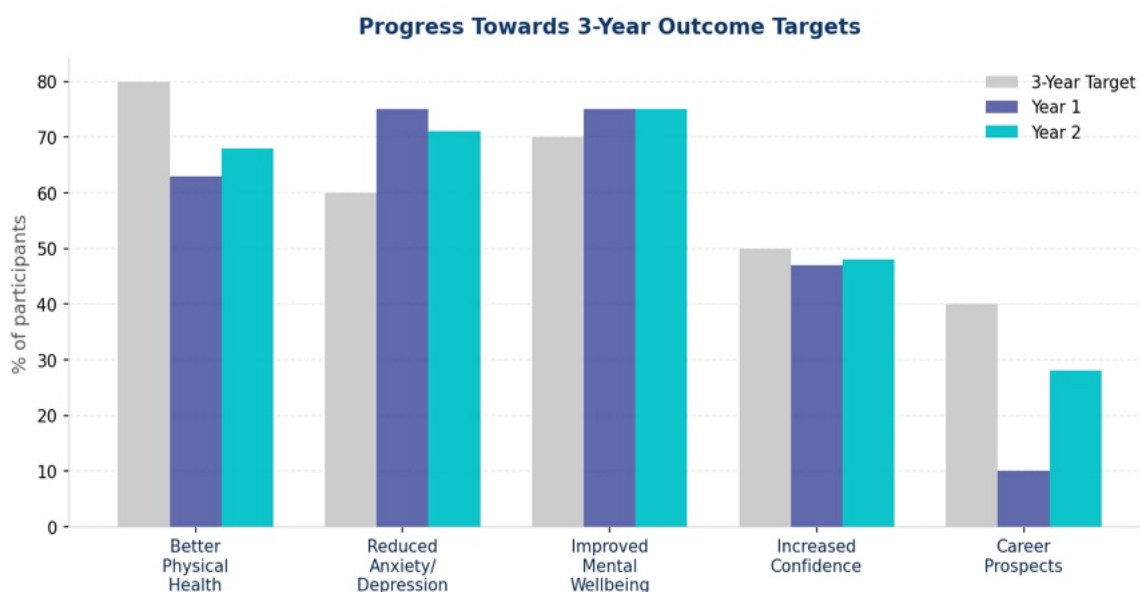
Year 2 shows meaningful progress across most outcome areas, with four of the seven indicators either meeting or closely approaching their targets. The standout performances are in mental wellbeing, where 75% of participants reported improvements against a 70% target, and in reduced anxiety and depression, where 71% reported improvement against a target of 60%.

Physical health and exercise outcomes also show strong trajectories, with 68% reporting better physical health (target: 80%) and 62% reporting increased exercise frequency (target: 60%, met). Confidence, social skills, and career prospects remain areas of focus for Year 3, though the launch of the Youth Leadership Programme, the Women’s Counselling Service, and the Green Skills and Careers partnerships are all designed to accelerate progress in these domains.

Outcome	3-Yr Target	Year 1	Year 2	Status
Better physical health	80%	63%	68%	Improving
Increased regular exercise	60%	55%	62%	Met
Reduced anxiety/depression	60%	75%	71%	Met
Improved mental wellbeing	70%	75%	75%	Met
Increased confidence/self-esteem	50%	47%	48%	Improving
Improved social & communication skills	60%	40%	45%	Improving
Improved career prospects	40%	10%	28%	Improving

Note: All targets are set for achievement by the end of Year 3. Current results reflect progressive accumulation of change, consistent with best practice for complex community interventions.

Progress Towards 3-Year Targets



The trajectory across both years is encouraging. Five of the seven outcome areas show improvement between Year 1 and Year 2, and four are already at or above their three-year target with one year of the project remaining. Career prospects show the strongest year-on-year improvement, rising from 10% to 28%, reflecting the investment made in the Youth Leadership Programme and the early employability sessions delivered in Year 2.

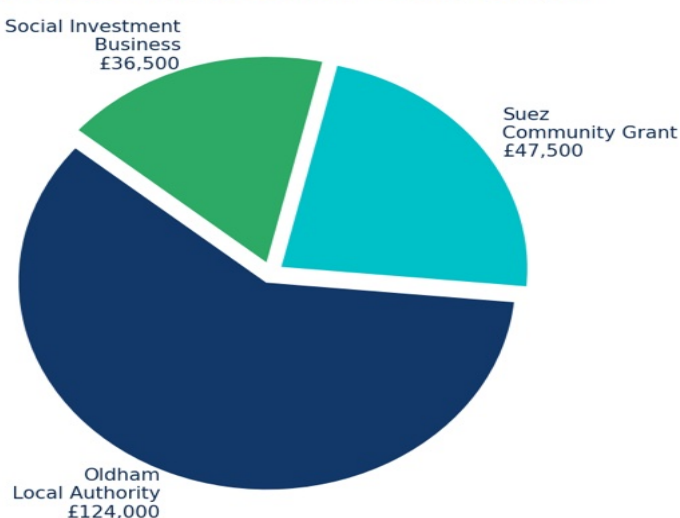
Key Learnings and Challenges

Successes

1. A Youth Centre Becomes Reality

The most significant milestone of Year 2 is the securing of £208,000 from three funders, including Oldham Local Authority (£124,000), Suez Community Grant (£47,500), and the Social Investment Business's Better Youth Spaces grant (£36,500), to establish a dedicated youth centre, community café, and community garden on nearby council land. This is the direct outcome of two years of community-led youth programming, data gathering, and consultation through the Million Hours Fund project. The data spoke; the funders listened.

Youth Centre Funding Secured — Total: £208,000



2. Influencing a £20 Million Investment

Yuvan's CEO Zakir Ahmad continues to serve on the Pride in Place board for Chadderton, a central government initiative investing £20 million into the area across seven priority domains. Youth Services and Provisions is one of those domains, and Zakir's presence on the board, alongside Yuvan's strategic position and reputation in the community, means that the organisation has genuine influence over how those resources are directed in the coming four years. This is a significant evolution from service delivery into policy shaping.

3. The Men's Hub Finds Its Rhythm

Year 1 saw sustained effort to grow male engagement; Year 2 is where that effort has started to compound. The Men's Hub now anchors two weekly activities, Legends' Football for physical health, and Books and Bites for mental wellbeing, alongside a monthly Coffee and Carrom social gathering. The Community Connect: Men's Wellbeing project, funded separately by the National Lottery Awards for All, has provided additional resource and structure to this strand. Attendance is growing, and, crucially, men are now bringing other men.

4. Deepening Provision for Women

The Women's Hub continued to expand its offer in response to community need. The launch of a free 1-to-1 counselling service met immediate demand and has now evolved into a formal strand of provision. The Unpaid Carers' Creative Workshop, funded by the

Assura Grant via Manchester Community Central and facilitated by a qualified counsellor with lived experience, runs simultaneously in both Oldham and Rochdale, a model of culturally-sensitive, geographically-extended delivery. A partnership with SARA (formerly TRC Sexual Abuse & Rape Support) is currently being developed to introduce domestic abuse counselling services at the centre, provision that does not currently exist in Oldham in a culturally-sensitive, community-embedded form.

5. Community Involvement Deepens

- 55 of 61 activities co-designed with participants through a mix of steering groups, surveys, and ongoing informal feedback
- Almost 75% of activity leads are also participants of other Yuvanis programmes
- Yuvanis is now a founding member of two emerging alliances: the Greater Manchester South Asian Youth Alliance (an infrastructure body for South Asian youth organisations) and a Muslim Outdoors Alliance (a national voice for Muslim-led outdoor activity providers in the voluntary sector)
- Membership of Oldham’s Family First Partnership integrates Yuvanis into the borough’s statutory and non-statutory collaborative working framework
- New partnership with Shaw Mosque strengthens community outreach

Challenges and Adaptations

Challenge	Context	Adaptation/Response
Green Skills workshops	Low initial uptake; participants unfamiliar with the sector and not yet seeing its value	Programme is being redesigned for Year 3 with an integrated delivery approach, introducing green economy concepts within existing familiar activities rather than as standalone sessions
ICT & Digital Skills	Attendance variable by topic; coding and graphic design popular with young people but not adults	Sessions now tailored more explicitly by age group; Digital Inclusion Hub and Green Skills partnerships together addressing economic inactivity more holistically
Trailblazer approach to economic inclusion	The careers/digital/green economy strand is new territory for Yuvanis and still developing	Actively seeking experienced co-delivery partners for Year 3 to strengthen this strand

Community Involvement and Partnerships

Co-Design and Participant Voice

Community involvement is not a box Yuvan is ticks: it is the methodology. In Year 2, 55 of 61 activities were shaped through a combination of steering groups, structured feedback surveys, informal conversation, and participant-led planning. This means that when a new session appears on the programme, it does so because members of the community said they needed it, tested it, and helped design it.

The co-design process has produced tangible results. The expansion of the Cozy Cuppa to a second venue in Shaw & Crompton, the launch of the Unpaid Carers' Workshop, the introduction of family-friendly men's activities, and the structuring of the Youth Leadership Programme around real career insights from the community, each of these emerged from listening rather than prescribing.

The Beneficiary-to-Leader Pipeline

Almost 75% of Yuvan's activity leads are also participants of other programmes. This is not an organisational quirk but a deliberate investment in human capital, building the skills, confidence, and ownership of community members so that they become the organisation's greatest asset. Abraham Khan's journey from participant to volunteer to prospective youth centre staff member is one example of many.

Partnerships

Partner	Type	Nature of Collaboration
Groundwork	Environmental NGO	Co-delivery of Green Skills and Career Workshops; supporting pathways into green economy employment for Global Majority communities
Good Things Foundation	Digital inclusion charity	Provision of free data SIM cards as part of the Digital Inclusion service
Oldham Local Authority	Statutory	Crisis Resilience Fund cost-of-living support; £124,000 Youth Centre funding; Pride in Place board partnership
Social Investment Business	Funder	£36,500 Better Youth Spaces grant for Youth Centre development
Suez Community Grant	Funder	£47,500 towards Youth Centre, community café and community garden
SARA (formerly TRC)	Support services	Partnership in development to bring culturally-sensitive domestic abuse counselling to Oldham

Assura / Manchester Community Central	Funder	Funding for Unpaid Carers' Creative Workshop, delivered in Oldham and Rochdale
Shaw Mosque	Community	Outreach and referral partnership for Men's Hub activities
Oldham Family First Partnership	Statutory network	Integrated collaborative working platform across statutory and non-statutory agencies in Oldham
GM South Asian Youth Alliance	Alliance (founding member)	Infrastructure body for South Asian youth organisations and practitioners across Greater Manchester
Muslim Outdoors Alliance	Alliance (founding member)	National advisory and advocacy body for Muslim-led outdoor activity providers in the voluntary sector
Full Circle NW CIC	Community	Planned co-delivery of cross-community activities in Chadderton to bridge social gaps between different communities



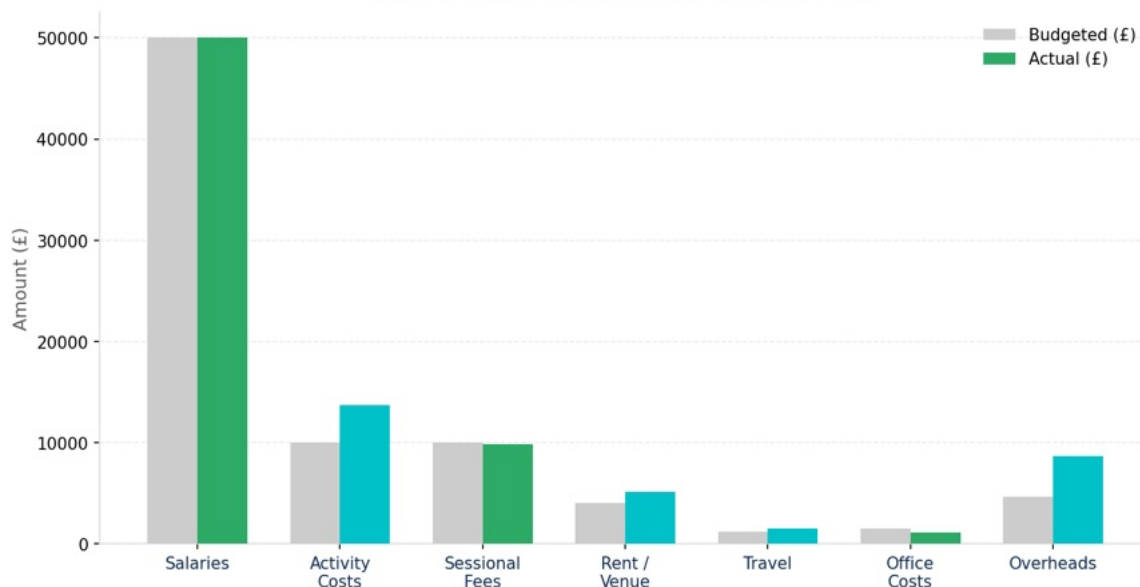
Budget and Finance

Year 2 Financial Summary

Budget Heading	Budgeted (Year 2)	Actual Spend
Salaries (inc. on-costs)	£50,021.84	£50,021.84
Activity costs	£10,000.00	£13,720.00
Sessional fees	£10,000.00	£9,850.00
Rent / venue costs	£4,000.00	£5,100.00
Travel	£1,170.00	£1,520.77
Office costs	£1,500.00	£1,152.56
Evaluation	£2,000.00	£0.00 (to be spent May/June 2026)
Overheads	£4,620.97	£8,678.85
TOTAL	£88,967.06*	£90,044.02

*Year 2 budget includes £5,654.25 underspend carried forward from Year 1.

Year 2 Budget vs Actual Spend by Heading



Financial Commentary

The total Year 2 budget, including the Year 1 underspend of £5,654.25, was £88,967.06. Actual expenditure was £90,044.02, representing a net overspend of £1,076.96 against the combined available budget. A further £2,000 allocated for impact evaluation will be spent in May/June 2026, bringing the total overspend to approximately £3,076.96 for the year.

The overspend is primarily attributable to finance and administration costs that spanned both project years and were settled in Year 2, including set-up and accounting costs incurred across the full two-year period. The activity cost overspend of £3,720 reflects the deliberate piloting of several new services and projects, including the Green Skills workshops, the Women's Counselling Service, and the Community Connect men's programme, all of which represent genuine programme expansion rather than financial mismanagement. The venue cost variance of £1,100 reflects increased demand for space as activities grew.

Yuvan is expected to spend below budget on finance and administration in Year 3, which will balance the overall spend by the end of the project. The organisation maintains a robust quarterly financial review process with full trustee oversight.

A detailed budget breakdown is available in the accompanying spreadsheet: Yuvan End of Year 2 Budget.xlsx.

Looking Ahead: Year 3 Plans

Year 3 is the culminating year of this project, a year in which Yuvanis will build on two years of learning, consolidate its strongest programmes, and take the most significant step in its history toward becoming a permanently embedded community institution.

Priority 1: Opening the Youth Centre

The opening of a dedicated youth and community space, funded by £208,000 from Oldham Local Authority, Suez Community Grant, and the Social Investment Business, is projected within the next twelve months. This facility will house youth activities for 11–25 year olds alongside a community café and community garden, providing a permanent home for the work that has been delivered across borrowed and rented spaces for sixteen years. Abraham Khan has already expressed his wish to be one of the staff there.

Priority 2: Careers, Leadership, and Economic Inclusion

Building on the Youth Leadership Programme and the early employability sessions of Year 2, Yuvanis will scale its careers and leadership provision in Year 3. This includes more confidence-building themes woven into regular activities, expansion of the mentoring strand with professional guest speakers, and the redesigned delivery of the Green Skills programme, this time integrated within familiar activities rather than offered as a standalone project. Experienced co-delivery partners will be brought in to strengthen this strand.

Priority 3: Community Cohesion Across Difference

One of the most ambitious and meaningful dimensions of Year 3 will be a deliberate expansion of cross-community work. Yuvanis plans to co-deliver activities with Full Circle NW CIC, a Chadderton-based organisation serving predominantly white young people, and to engage anchor institutions such as churches and community groups from non-South Asian areas of the borough. The community café, when open, will serve as a shared space for organisations and communities who might not otherwise meet. Yuvanis's vision is not simply to serve its own community well, but to help different communities in Chadderton find common ground.

Priority 4: Financial Sustainability

Year 3 will also be a year of building the conditions for long-term organisational sustainability. The community café will generate earned income to support running costs. Yuvanis will explore commissioning opportunities and contracts from existing housing association and local authority partnerships. The organisation's participation in the Pride in Place board positions it well for longer-term statutory investment.

The honest truth is this: the work that Yuvanis is doing: trusted, community-led, culturally-grounded, and increasingly strategically positioned, takes years to build and would be difficult to replace. As Year 3 draws to a close, the organisation will be seeking longer-term grant funding to consolidate what has been built and to develop the staffing infrastructure and systems that will allow Yuvanis to sustain and grow its impact independently over the years that follow.

Conclusions

Two years in, the South Asian Physical Health and Mental Wellbeing Hubs have grown into something that reflects both the ambition of the original proposal and the genuine complexity of what it means to address deep-rooted inequality with community-centred care.

The numbers in this report tell one story: 1,966 people reached, 61 activities delivered, 75% reporting improved mental wellbeing, £208,000 secured for a permanent youth centre. But the fuller story lives in the relationships this project has generated. In Mr. Khan discovering a social life he had quietly stopped expecting. In Mrs. P reclaiming time for herself after years of putting her own needs last. In Abraham, who turned a Yuvanis career insight day into a college enrolment, and who is already thinking about how he can give the next generation what Yuvanis gave him.

These are not incidental outcomes. They are the direct product of an organisation that has spent sixteen years earning the trust of its community, and that has used this project to go further, do more, and build something more permanent than it has ever built before.

On behalf of Yuvanis Foundation, Trustee Sadique Hussain reflects:

“Year 2 has shown us what becomes possible when a community truly believes in its own capacity to change. The National Lottery Community Fund’s investment has not simply funded activities, it has given Yuvanis the platform to become the organisation our community has always needed. We are proud of what we have built, grateful for the partnerships that have made it possible, and deeply committed to making the most of what comes next.”

— Sadique Hussain, Trustee, Yuvanis Foundation

Yuvanis Foundation looks forward to Year 3 with clear direction, strengthened capacity, and the certainty that the foundations being laid now will serve this community for many years to come.



Appendix: Key Data Summary

Metric	Year 1	Year 2
Total beneficiaries (booking platform)	1,435	1,966
Female participants	789 (55%)	1,081 (55%)
Male participants	646 (45%)	885 (45%)
New/first-time participants	707	532
Activity types delivered	47	61
Sessions delivered (booking platform)	361	351
Activities co-designed with community	40/47 (85%)	55/61 (90%)
Age range	0–86	0–71
Better physical health	63%	68%
Increased regular exercise	55%	62%
Reduced anxiety/depression	75%	71%
Improved mental wellbeing	75%	75%
Increased confidence/self-esteem	47%	48%
Improved social & communication skills	40%	45%

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